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Salisbury University's student voice

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Memory of Elizabeth Bellavance lives on

BY SHANNON WILEY
Editor

Elizabeth Bellavance, an academic advocate and wife of former Salisbury University President Thomas Bellavance died from cancer in Richmond, Virginia on July 24 at the age of 77.

Since her late husband's presidency at SU beginning in 1980, Elizabeth Bellavance was extremely involved with the university, especially the honors program.

She often attended lectures, performances and events put on by different departments and planned fundraisers for SU's programs. Bellavance also heavily supported the Salisbury Symphony Orchestra and the WSCL radio station, which she was a founding member of.

Within the Bellavance Honors Program, which her husband founded, Bellavance was always involved, even when she could not be there. When she wasn't there, she was sent pictures and packets so that she could stay current on the events and status of the program.

Even though he never met her in person, Bellavance Honors Program Director James Buss, who took on the role at the beginning of the 2013-2014 school year, said that Bellavance was always willing to help him.

"We used to email almost every other week about the program. She was always just so supportive of the program and encouraging of me when I was first starting out," he said.

Before falling ill, Bellavance would come back to the University to meet and introduce herself to every incoming class of freshman in the Bellavance Honors Program.

Bellavance also stayed directly involved even when students and staff did not even know that she was.

The Saunterer is a magazine style newsletter that the Honors Program puts out twice a year, written and edited by honors students, as well as edited by Buss. Previous to the 2013-2014 school year, the periodical had not been published for two years. When the program decided to revitalize it, students wanted to do a large piece on the history of the program and the contribution of the Bellavance family.

When Buss was given the article to read and edit, he sent it to Bellavance to look at. She sent back notes, recordings of her husband's lectures on academia and a quote from her family about academia. All of these resources Buss gave back to the students as if they were from him since Bellavance did not want students to know that it was her. Buss had not revealed this until now.

"I think students should know," Buss said. "I think she'd be proud of it. She edited the entire thing without them knowing."

Outside of the academic world, Bellavance was also heavily involved in her church and worked heavily for social justice. She was

Downtown Trolley makes Salisbury debut



Shannon Wiley photo
The Trolley makes stops at locations at and near SU, including the Perdue Hall parking lot, University Park and University Orchard.

BY SHANNON WILEY
News Editor

The newest mode of transportation for Salisbury University students, faculty, staff and local residents, the Downtown Trolley, was unveiled last Thursday, a shuttle that goes throughout the city, to campus and Downtown Salisbury.

The Downtown Trolley is the first of its kind in Salisbury run through Shore Transit. It will run constantly on Thursday, Friday, and Saturday nights from 7 p.m. to 2 a.m. and costs one dollar to ride.

The trolley makes seven stops in total, picking up at the university in the Purdue Hall parking lot and also picking up at University Park and University Orchard. Each night it will work in 40 minute or less cycles, only stopping once for a refueling halfway through the night. The trolley holds 13 two-seater benches, one trolley-wide bench in the back, and offers standing room.

"We are creating a new brand of urban pioneer for our city," Salisbury Mayor Jim Ireton said during the opening ceremony Thursday.

One of the central purposes of this Trolley, agreed the many speakers at the ceremonial ribbon cutting, is to bring more people, especially the SU students and staff, into downtown in the next step to invigorate and strengthen the area.

Speakers included Ireton, Salisbury City Council President Jacob Day, Wicomico County Executive Rick Pollitt, Chairman of the Tri-County Council for the Lower Eastern Shore of Maryland Jim Purnell, and SU Vice President of Student Affairs Dane Foust.

"This linkage is so critical between the university and downtown," Day said.

"We have a campus community of about 10,000 people. That's 10,000 bright minds who believe in this community, who dedicate themselves to knowledge, the creation of knowledge, the passing on of wisdom, and we need to bring that energy into our heart and soul."

"When we look at the trolley service, it's one more indication of how we're moving from a town with a university to a true university town, and I think that's something that we all want to see happen," Pollitt said.

"This is a great example of what we can accomplish when we work together for the benefit of our community," Purnell said.

SU students agree that this trolley service will encourage students to go into downtown.

"I think the shuttle will offer students the ability to easily connect with the businesses and excitement that downtown Salisbury offers," senior Matt Anderson said. "I'm excited for Downtown Live to be completed and for the shuttle to hopefully take students to that venue."

"I think this is a great idea for students because not everyone on campus has a car, so this is an easy

way to get downtown," sophomore Mormon Hubbard said. "I'm absolutely going to use the Trolley."

Throughout the past few years, city officials have been working to bring life back into the downtown area.

"Every mayor that has ever been in the mayor's office has been asked about the revitalization of downtown," Ireton said, "Every single mayor."

Recent efforts have included bringing more businesses into downtown, holding town events, getting the city center to a point where it is now more filled than it has been in 30 years, hiring the city's first business development specialist and holding events like Ignite Salisbury that invited citizens, workers, students and officials to share their ideas with the community on how to rejuvenate the area.

"A city that invests in its heart and soul, its downtown, is bound to succeed," Day said. "A city that doesn't, as we haven't in the past, is bound to fail. So we're coming out of failure and headed towards success."

He continued, "we believe that a trolley service is going to be a spark for downtown. We've had many other sparks so this is one to help us ignite this fire, make it burn even brighter."

"If it is not clear to you," Ireton said, "all of your elected officials and all of the players in our community have decided that we will make the center of our universe the urban core, and that is downtown Salisbury."

The revitalization of downtown is not the only benefit, officials note, for the Downtown Trolley. Their other goals are to provide a safe way for students to get to downtown and then back to campus and to university housing, as well as to create more traffic for the businesses in Sea Gull Square, to provide a way for more Salisbury residents to be able to come and experience the campus and to continue to focus the university on sustainability.

"To be able to create this dynamic loop opportunity is going to create synergy that is not only going to help create economic development, but it's going to help take some of the resources in this community and expand them in even broader kinds of ways," Foust said.

Currently on SU's campus, there are many green options including a majority of new buildings having Leadership in Energy and Environmental Design certifications and charging stations for electric cars.

"Having the Downtown Trolley is another great sustainability initiative," Foust said.

The Downtown Trolley schedule is available on the Facebook page Downtown Salisbury Trolley as a picture, as well as a map of the route. Those interested or needing to contact can do so through the Facebook page or contacting info@downtownsalisbury.org.

What Would Janelle Do?

BY OLIVIA KLOCK
Staff Writer

She left Salisbury University, she left the physical world, but a beloved Sea Gull's legacy will never leave this campus.

On the early morning of June 6, 2014 SU graduate Janelle Oni passed away in a hit-and-run automobile accident when she was crossing Route 1 in College Park, Maryland.

Those that knew her say that Oni was a spirited student leader at SU, active in the Powerful Connections program, a mentor in the TRiO Program, student board member for campus conduct hearings, as well as a resident assistant, orientation leader, Admissions Office student caller and a Perdue School student worker.

She touched many students' lives, including senior Dallas Jordan.

"Positivity, that was Janelle," Jordan said.

"She was involved in a million and one things on campus and still made the Dean's List every semester like it was nothing. She made me think 'hey, maybe I can succeed in what I do, too,' and even though she is gone, I can't imagine my life without her," Jordan said.

Jordan joined Untouchables Dance, Inc. in Spring 2012 when Oni was president of the group, because she made him feel at home.

"She was something between a big sister and a mother figure for me, and from the moment I met her, I knew she was going to be one of the best people I had ever met," he said.

Now president of Untouchables Dance, Inc., Jordan says he wouldn't be where he is now in Untouchables, or in life without knowing Oni.

Jordan plans to dedicate a personal piece to Oni in the dance troop's upcoming Spring Menagerie. Every year, the troop donates half of its ticket profits to a charity. This year's benefactor will be Mothers Against Drunk Driving, in her honor.

Friends said Oni didn't only touch people's lives at SU, but wanted to continue changing people's lives even after she graduated from SU in May of 2014.

Alongside one of her best friends, she and Ivory Bell brought the women's empowerment club "Pink Promise" to SU.

"She held herself to these standards to go above and beyond and then some, and was all about wanting to help everyone else reach their upmost potentials, especially under the hood of God in Pinky Promise," Bell said.

Bell said the duo wanted to bring the nationwide club to SU because they shared the desire to change lives and even she, herself, was constantly inspired by Oni.

Bell also said Oni pushed her

See ONI on Pg. 2



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BELLAVANCE

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the Hispanic outreach representative for the Eastern Shore as well as a member of both the Steering Committee for SU's Bienvenidos a Delmarva and the Maryland Catholic Conference Social Concerns Committee. She also represented the Eastern Shore on the Governor's Commission on Hispanic Affairs. Bellavance avidly worked to avoid much recognition, but despite this she was awarded the governor's Unsung Hero Award for all of her work and volunteering.

"To honor her and her husband, in the study room of the Honors House hangs Thomas's awards and distinctions.

"I'd love to get a framed photo of her here, too," Buss said. "She meant a lot to the program, and she meant a lot to me in my first year in my transition to director."

September Smoothie Of The Month:

Tropical Berry Glace



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DiningSU

ONI

Continued from PAGE 1

on a regular basis, adding Oni especially helped her find the drive to become the president of their sorority, Delta Sigma Theta.

"I didn't think I could do it, but that girl had a power to make anyone think they could take over the world," Bell said.

"She's still here, for sure, and I'm proud to say I'm kind of like a mini-her. I wouldn't want to be anyone else," she said.

When Oni passed, many were shocked, including her good friend and classmate Rishawn Marshall, who met Oni when he became a resident assistant in 2011 and she was an orientation leader.

She greeted everyone with a wide smile and open arms, he said, adding that she would light up a room any day.

"You would think she had never had a bad day in her life," Marshall said. "And if I was having a bad day, she could change that in a matter of seconds with just a few sentences. That was just Janelle."

Marshall holds onto the memory of hugging Oni at graduation day, unaware that it would be the last time he would have a chance.

Marshall said Oni's passing didn't hit him right away, because he was in disbelief that someone who dedicated her life to enriching others' could have hers taken away.

"She left more than a legacy she left a mark here that was absolutely uncanny and will never leave this campus," Marshall said.

"It was an honor to know someone who always inspired you to be great, and then greater. She was the definition of what a Sea Gull should aspire to be, and I know she's still inspiring us Gulls, on and off campus, forever."



Photo taken from gofundme.com on Janelle Oni's page.

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EDITORIAL

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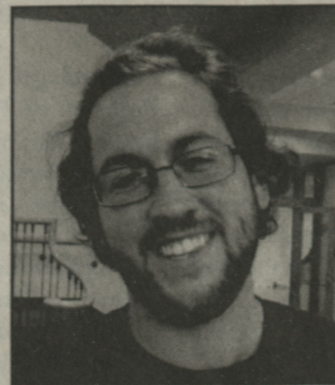
Overheard: What did you think of the Ice Bucket Challenge?



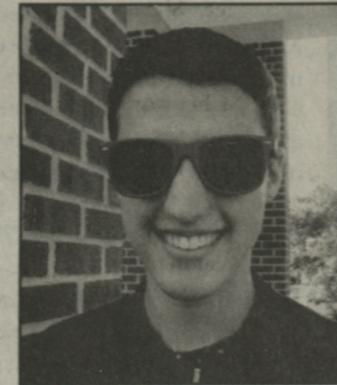
I think that any attention given to charity is beneficial, but I also think that it gets insincere when it goes viral which gets obscured by that veil of charity. - Claire Dupree, junior



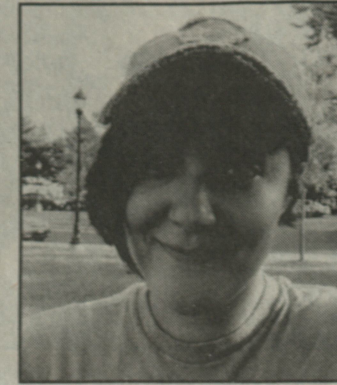
I think it's a good idea but at the same time I think there should be other reasons to donate to support ALS research. - Jade Burns, junior



It's good in what it did because it raised a lot of awareness and got donations from celebrities because it went viral. - Jeff Anstey, senior



It's a good use of social media because it went viral while also supporting a cause. - Tyler Kortman, sophomore



It's a really interesting way to raise awareness about Lou Gehrig's Disease. - Veronica Sevold, sophomore

The Flyer

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The Flyer strives for accuracy and corrects its errors immediately. If you believe The Flyer has printed a factual error, please email us.

The thing about Gullcards ...



BY SHANNON WILEY
News Editor

I am about to start my second week of my sophomore year here at Salisbury University, and I am already on my sixth gull card.

Between my habitual clumsiness, my cards' habitual lack of ability to stay in sync with the doors and a few rookie mistakes at the beginning of last year, I've stood no chance. Although I've definitely learned how to keep better track of my card and keep it working, I can't help but think about ways this system could be improved.

An answer to my prayers came this summer when I was talking to some family friends about their trip to Disney World.

Recently, the amusement park has introduced their new MagicBand, an adjustable bracelet that keeps track of and stores all the information one could need. It serves as a room key to let people into their hotel, a ticket to let them into the park, stores information about the wearer

that was pertinent to the park, a reloadable debit card so that people did not have to carry cash and has on it the wearer's name and ID number. Sound familiar?

This kind of technology, while trademarked by Disney, could easily be translated into something that schools like SU may use. I understand the need for an ID card, but not having to pull it out of my wallet at least 10 times every day would eliminate a lot of the risk of losing it. Meanwhile, having something that does everything our current GullCard does now that I would keep attached to my wrist would eliminate the moments where I get to my room or Commons just to find out I can't get in because my card is out of order from the barcode getting scratched or my card being bent too much.

The MagicBands look like thicker Livestrong bracelets and come in many different colors the wearer can pick from. If SU had something like this, they could keep this trend in order to give students a personal touch to their new wrist accessory, or they could put it in maroon to keep with school spirit. The look of the bracelet would allow students to wear it casually, but also take it off by undoing the straps to be stored in a backpack, purse or pocket if they are attending something more formal.

Along with being able to fulfill all the needs the Gullcard already does for us, but in a lower-risk way, these bands also give the benefit of added safety. It is no secret that the city of Salisbury is not the safest place to live and although I know my way around pretty easily now, if I'm out after dark I'm uneasy and feel nervous. These bands though, come with GPS tracking.

I know that everyone now a-days is worried about being tracked by the government and people would worry about police or the university using the trackers to be able to bust parties or invade privacy, but really the police and administrators have better things to do with their time. On the flip side, say something did happen to you or one of your friends while they were out walking. A tap into their bracelet tracker and police can pinpoint where the person is now, or at least find out where they had been that night in order to get a better idea of where to find them.

This may not be the perfect idea, and I know many people don't have nearly as many problems keeping track of their Gullcard as I do, so there is no desperate need to fix the system already in place. However, upgrading to something like the MagicBands at Disney World is definitely something for Salisbury to think about.

The Mob Mentality: Main Street America

BY SAMUEL STEVENS
Staff Writer

The footage of Ferguson, Missouri presents images of SWAT teams clad in camouflage uniforms, carrying short barreled assault rifles and wearing gas masks. Armored cars are usually close behind. This unsettling image may be attributed to the natural growth and development of law enforcement, but the tools of law enforcement are now coupled with a vast terrorism-fighting infrastructure, including a collection of metadata and tracking of phone calls. While police officers are human beings with individual views and positions, a citizen has the right to question the need for drones and armored vehicles bought by small county sheriffs' offices and large metropolitan police forces alike.

The rioting in Ferguson illustrates how the cycle of violence brought on by both police and the protestors; a single officer shoots an unarmed teenager and then some members of the community (and others from outside the Ferguson) respond with looting and violence against local business. This cycle of rhetoric only serves to further divide the country along lines of group and group identity; police are expected to conform to a paramilitary, ultra-masculine role, while citizens are expected to respond with unhealthy outrage and civil unrest.

The need for ex-military equipment only expands when violence is seen by citizens as the only form of recourse. The unrest in Missouri may prove to be a chilling litmus test of the state of the country, as the economy continues to stagnate and the wealth divide increases. Both law enforcement and perpetrators of mob violence recede into their respective cultures and mind sets, unwilling to question if a mine proof car and assault rifle are necessary pieces of equipment to contain unarmed civilians. Or that the best method venting frustration at civil authorities is damage to and looting of private property and businesses.

ther divide the country along lines of group and group identity; police are expected to conform to a paramilitary, ultra-masculine role, while citizens are expected to respond with unhealthy outrage and civil unrest.

These questions may very well be directed at local and state law enforcement, but again, a local police officer is much more accountable than an average person more often than not, and like the people in the intelligence community, are simply doing what they believe is right to protect the public interest.

The debate over a paramilitary local police force then needs to be addressed in more global sense; upon closer examination, the riots in Ferguson and paramilitary law enforcement have much to say about the state of affairs in the US.

mob precipitated the creation of the New York Police department, replacing a gamut of politically chosen law enforcement officials, according to Daniel Howe's What God Hath Wrought. While this historical anecdote shows that these mob violence issues are nothing new in American or world history for that matter, the cascade of events since the National Security Agency leaks presents unsettling questions of government accountability and how much the average person actually knows.

These questions may very well be directed at local and state law enforcement, but again, a local police officer is much more accountable than an average person more often than not, and like the people in the intelligence community, are simply doing what they believe is right to protect the public interest.

The debate over a paramilitary local police force then needs to be addressed in more global sense; upon closer examination, the riots in Ferguson and paramilitary law enforcement have much to say about the state of affairs in the US.

The downside of Coolbeans



BY JAMIE POTTER
Staff Writer

The beginning of a new school year is always difficult. It is blazing hot, and with classes there is no time to lounge at the beach or the pool. Personally I have found that smoothies are a great remedy for the overheating heat. They are a refreshing, healthy snack that cools me down. Living at University Park, I have my own blender and a big freezer to make my own, but as a freshman I didn't have that luxury. I had the unlimited meal plan which came with 250 dining dollars to use at Cool Beans, Gulls Nest or any of the other cafes. You can imagine my excitement when I saw the smoothie list at Cool Beans.

As a health conscious student I narrowed my options to a few drinks that didn't have the added syrups on the list. I was content and spent the first semester getting Strawberry Coladas with Orange Juice instead of the coconut syrup. It took me months to discover I had no idea what I was ingesting. It turns out there is not a single smoothie on the menu at Cool Beans that does not have added syrups.

"It's disgusting. The only fruit that isn't in heavy syrup is the pineapple, mango and blueberries," said a former Cool Beans employee who wishes to remain anonymous.

"I'd suggest the Orange Glace," she said, but even that has syrup-soaked strawberries in it.

You go off to college with a warning about the freshman fifteen but it's hard to avoid when you're restricted to unhealthy food. According to Health Magazine, over four years 70 percent of college students gain weight. With a large array of smoothies it would be helpful to have at least one or two options that do not have these added sugars, considering Cool Beans does not allow students to "make their own smoothie." Why not at least be transparent about the ingredients?

The smoothies at Cool Beans are more like milkshakes. Does a drink made of strawberries soaked in syrup, chocolate syrup, white chocolate syrup and half and half cream classify as a smoothie? The menu at Cool Beans seems to suggest so.

A student who decides to buy that drink is making their own decision and I have no problem with that; my only concern is keeping options open for students who are trying their hardest to keep a healthy diet. We should be promoting a healthy environment for students in a country with rising obesity rates, not pouring loads of sugar into their drinks without them knowing.

It may be said that it is more expensive to buy frozen fruit but the price of having one healthy smoothie using frozen fruit on the menu is a cost worth paying. As for the Cool Beans staff, they are polite and friendly, and the environment is a great place for studying. It is clear there was a lot of work put into making Cool Beans a nice place to hang out. I only wish the same amount of thought was put into the nutritional value of their smoothies.

Why sleep matters: Want more A's? Get more Z's



BY MEGAN MAHEDY
Staff Writer

College students are most certainly the most sleep deprived age-group in the country. We frequently pull all-nighters in the library, stay up until 3 a.m. cramming for that morning exam and use our weekend evenings to party with our friends. However, according to the Health Center at the University of Georgia, college students get between six and seven hours of sleep per night—fewer than the recommended seven

to 10.

In a study conducted by University of Cincinnati researchers, about 200 undergraduate college-aged students reported their sleeping habits. On top of the average course load, most of these students worked an additional full- or part-time job. Only 24 percent of these students said they got at least seven to eight hours of sleep, while 55 percent said they slept for fewer than seven hours. A mere 21 percent slept more than eight hours. This research highlights that as students, we do not get the sleep required for our peak performance. As a result, we feel tired, we work less efficiently, and our aptitude for learning declines.

According to the Center for Disease Control and Prevention, teens and early twenty-year-olds need roughly seven to 10 hours of sleep to maximize their abilities. Of course, that is indeed quite a bit of sleep for an extremely busy college student. But why is sleep so important?

We know the effects of a good night's sleep: we feel better, think clearer, and work easier; simply put, sleep is the body's way of recharging itself. Along with eating well and exercising, it is one of the fundamental aspects of optimal

health. Further, sleep is scientifically proven to be a vital aspect in learning and memory. The skills and information absorbed during the day are refined and proofread repeatedly while you sleep.

According to Dr. Robert Stickgold, Associate Professor of Psychiatry at Harvard Medical School, "The brain actually takes the information, sifts through it and makes sense out of it in a way that we couldn't while we were awake." We need to get adequate sleep immediately to fully understand and absorb the new material.

At the University of Austin, Texas student researchers Alyssa D. Kaye, M.A. and Gale Stuart, Ph.D., found that students who sleep between seven to eight hours a night have a higher GPA than those who get six or fewer.

Let's enhance your college experience: make sleep a priority and better equip yourself for the academic year by always getting the sleep required for efficient learning.

In order to better prepare you for a healthier nights rest, here are some recommended tips from the National Sleep Foundation:

•Maintain a regular bed and wake time schedule, including weekends. Sleeping more

than one to two hours more on the weekend can wreak havoc on your circadian rhythms, so a regular wake schedule is important.

•Establish a regular, relaxing bedtime routine such as soaking in a hot bath or hot tub and then reading a book or listening to soothing music.

•Create a sleep-conducive environment that is dark, quiet, comfortable, and cool.

•Sleep on a comfortable mattress and pillows.

•Use your bed only for sleep.

•Finish eating at least two to three hours before your regular bedtime.

•Exercise regularly. It is best to complete your workout at least two hours before bedtime, as exercising before you sleep can leave your body too energized to relax.

•Avoid caffeine (e.g. coffee, tea, soft drinks, energy drinks, chocolate) three to four hours before bedtime. It can keep you awake.

•Avoid nicotine (e.g. cigarettes, tobacco products). Used close to bedtime, it can lead to poor sleep.

•Avoid alcohol close to bedtime. Study hard and sleep hard!

Less for our Money



BY CHRIS KRAUSS
Editorial Editor

First thing's first, if you have the money, eating should have no boundaries ever. Nor should there ever be a point where I have to sit and contemplate where my absurdly large amounts of payments for my unlimited meal plan go. Yet, both of these things seem to happen on a daily basis, forcing me to question what Salisbury University was thinking when they came up with their obnoxiously steep prices and lack of a convenient schedule for students.

I'll give Salisbury that the hours for Commons manages to appeal to the masses on Weekdays (7:15 a.m.-9 p.m.), opening at a reasonable time and closing at a convenient time. But it's the weekends that seem to cause troubles (Friday: 7:15 a.m.-7:30 p.m., Saturday: 9:30 a.m.-3:30 p.m.; 4:30-7:30 p.m., Sunday: 9:30 a.m.-3:30 p.m.; 4:30-8 p.m.).

Even from the beginning of the weekend, it starts off as a hassle for students. I

know I personally don't like to finish eating by 7:30 on a Friday. This continues throughout the weekend, only extending the closing to 8 p.m. on Sunday. What makes the matter worse is the opening times are pushed back to 9:30 a.m. and then there is an hour where Commons closes. If all of this wasn't enough, Commons starts putting away food an hour before closing everyday all week, making it near impossible for students with later classes to get there and enjoy the same meal everyone else did. Granted that Gull's Nest fixes some of this by being open till 11:30 most nights, with the exception of Friday and Saturday where they are only open until 11.

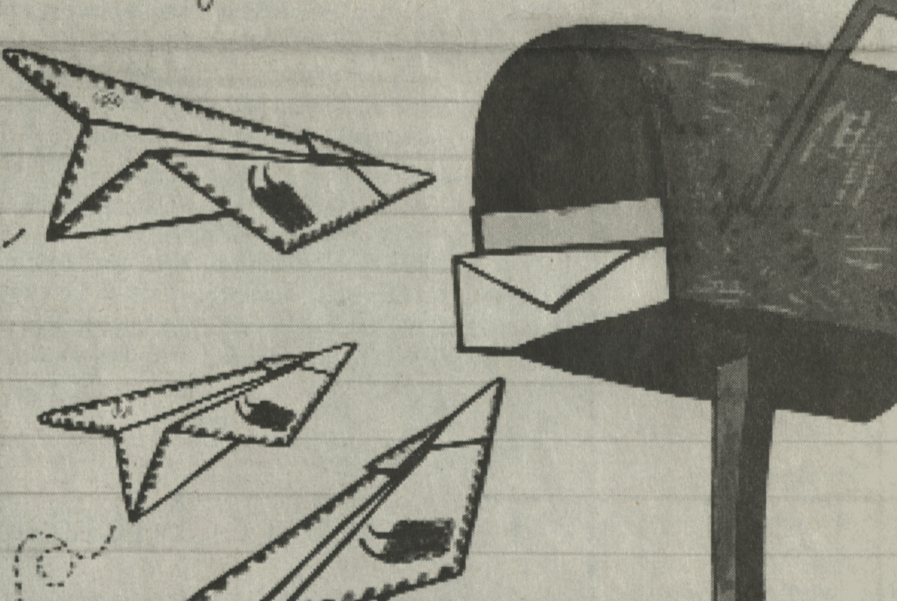
How could it get worse though? Labor Day Weekend.

Commons closed at 7:30 every night and Gull's Nest was closed at 3 p.m. on Friday and remained closed until Tuesday. For someone who lives in Dogwood and anyone else who lives in any of the Freshman dorms, where personal kitchens aren't available, this created a problem. Obviously we could go out and purchase food at one of the copious amounts of fast food joints located around SU, but we don't pay the amount of cash we do for our meal plans to not be able to eat on certain weekends.

Bottom line, we reach a point where hours should be increased and situations like this should not arise. For the amount each student pays to go to school here and eat here, there should be at least one place open to later times all the time.



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This Seagull is Flying High



BY EMILY LEWIS
Staff Writer

I took my first flight lesson at the age of 14, and I have not been able to stay away from airplanes ever since. I loved and still love everything about aviation—the feeling of freedom in the air, the challenge it provided and the overwhelming sense of accomplishment every time I improved on one of my skill sets. However, there was one thing missing during my flight training, and that was someone my own age to share it with.

Currently, the field of aviation, including airplanes, helicopters, hot air balloons and even rocket building, is a dying one. Since I began flying, I have had the dream of inspiring other young children and teenagers to enter this field and become the new faces of aviation worldwide. This summer, I was given the opportunity to do just that, as I became a camp counselor at the Future Aviators Summer Camp.

Future Aviators is a week-long summer program for children ages seven to 15. The camp takes place at New Garden Flying Field in Pennsylvania, and is organized by airport owner, Jon Martin.

This year, over 120 campers attended the largest number since the camp began several years ago. Throughout the week, we introduced the children to various aspects of aviation. For example, Monday was designated "rocket day," the kids built water bot-

tle rockets and wooden model rockets and were able to test fly them at the end of the day.

We also had a guest speaker, a real rocket scientist, speak to the campers about what his job entailed. His presentation included a miniature rocket launch as well.

Other speakers attended the camp with the goal of introducing all aspects of the aviation world to the campers. The Future Aviators hosted an airline pilot, an air show pilot, a glider pilot, a rotorcraft pilot and a member of the Tuskegee Airmen. The children asked insightful questions and gained a lot from speaker's experience; however, speakers were not the only focus of the camp. The campers also participated in various hands-on competitions, such as building an egg parachute that was dropped from an airplane, building paper airplanes and helicopters and building battery-powered model cars.

Every Thursday evening was our family barbecue, where all friends and family of each camper could come to the airport, learn about aviation and go for a ride in a hot air balloon.

Other camp activities involved learning how to fly remote-controlled airplanes and watching professional remote-controlled demonstrations, learning how to read aeronautical charts and taking a trip to the National Air and Space Museum.



The campers also learned about the four main forces of flight and the basics of aircraft construction. By the end of each week, both the campers and counselors were all exhausted and ready for a break. I'm positive each and every camper came out of camp with a new skill set and had a blast while doing it.

The most rewarding part of my entire summer was having parents and children alike come up to me and thank me for the work I put into the camp. Many parents expressed to me how their child would come home every night and could not stop talking about how much fun they were having at camp.

Knowing that I was able to be a part of an organization that made children happy with aviation-related activities not only fulfilled one of my goals, but also made me happy knowing that there is hope for a new generation of pilots. I am looking to expand the reaches of youth aviation programs to places in New Jersey, Delaware and Maryland.

Who knows—perhaps the Future Aviators Summer Camp will be expanding to places near Salisbury in the future.

I'm involved in many other aviation programs in Maryland and surrounding states. For more information about what I contribute to the aviation world, visit my blog: <http://weathiation.blogspot.com/>

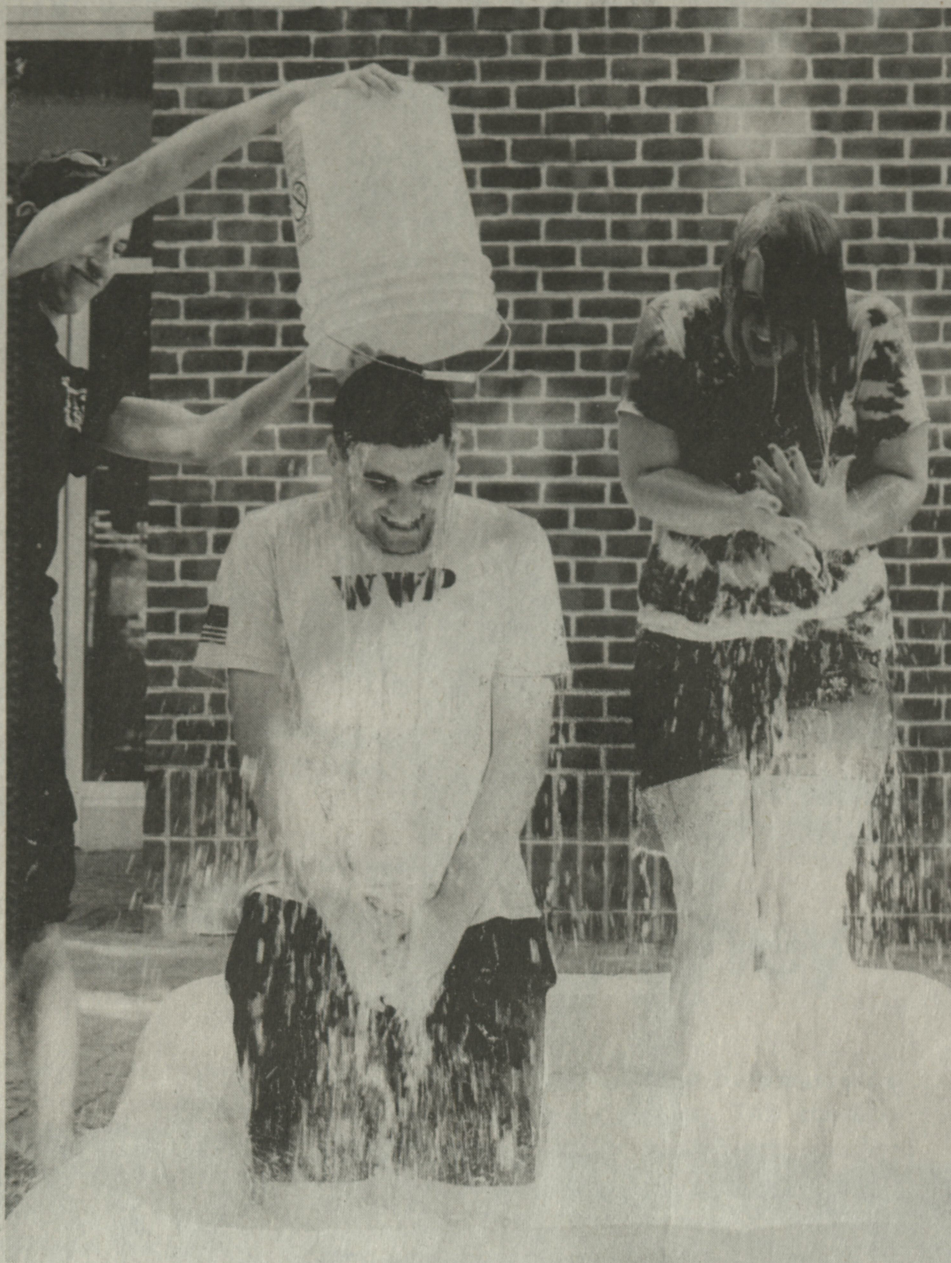


Submitted photos

Top
Lewis with one of her co-pilots before a flight.
Middle
Lewis giving a thumbs-up after a successful flight.
Bottom
During a flight, Lewis takes a selfie from the cockpit.

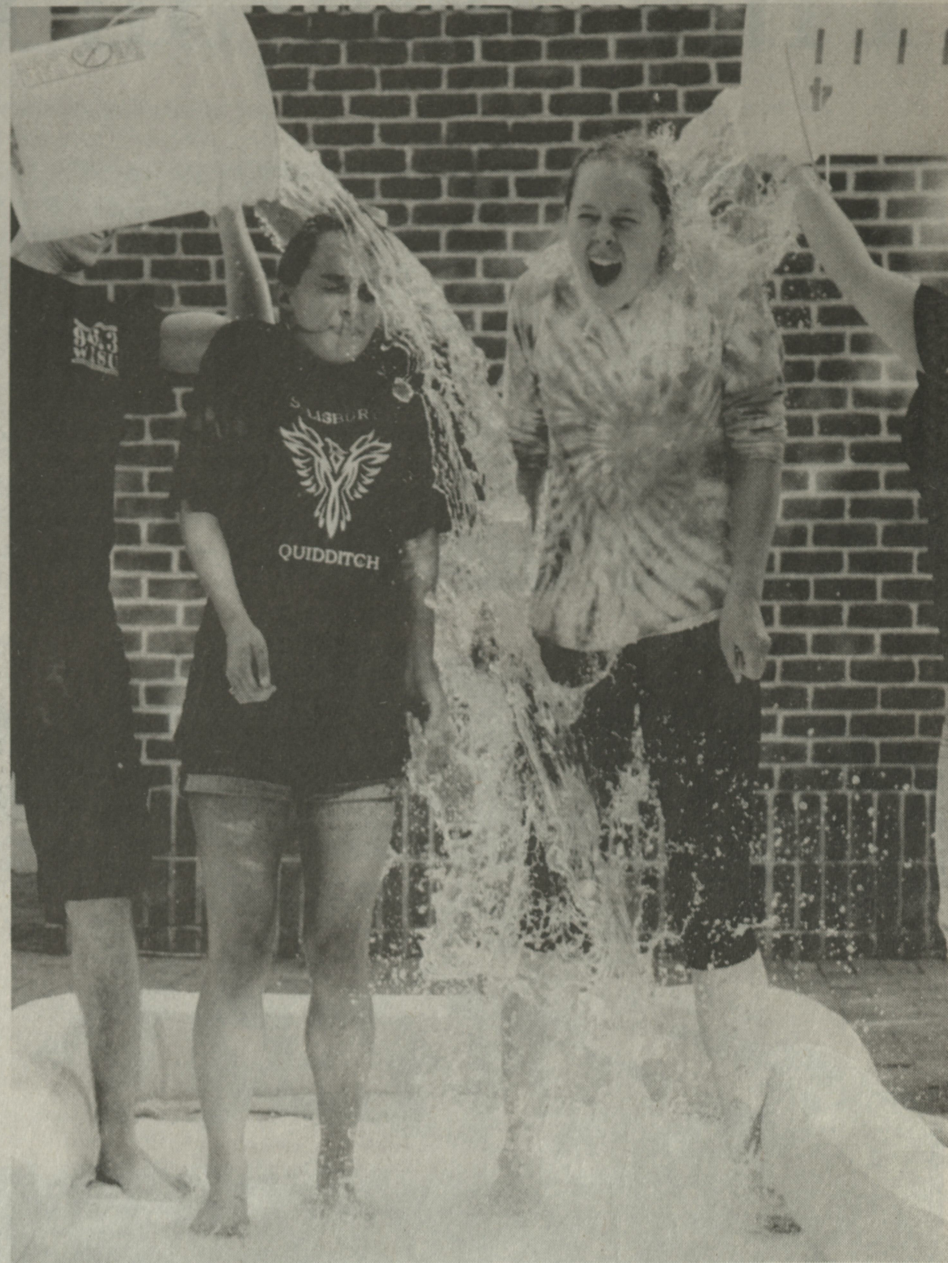
Ice Ice Baby

Members of SPJ, SUTV, SGA and The Flyer partook in the ALS Ice Bucket Challenge at the Student Activities Fair on Friday



Emily Outlar photo

Various SU student organizations participated in the Ice Bucket Challenge during the Student Activities Fair.



Emily Outlar photo

The Quidditch team takes on the icy challenge during the Student Activities Fair.

BY RACHEL TAYLOR
Gull Life Editor

The idea is simple. Pour a bucket of ice water over your head or donate money to the ALS Association or do both. Then challenge your friends and family.

What Peter Frates wasn't expecting was how fast the challenge would spread.

The Ice Bucket Challenge began after Frates, a former Boston College baseball player and ALS patient, was inspired by the post-game ritual of coaches getting ice water poured over their heads. Frates took the challenge and then began challenging friends and family in early July causing it to gain a lot of attention in the Boston area.

Thanks to social media, the challenge began to spread throughout the country. Celebrities, politicians, athletes and everyday Americans have posted videos of the challenge.

The challenge has been mentioned on social media over 4.48 million times, making it the most talked about charity campaign in the last

year.

In little over a month, the Ice Bucket Challenge has raised over \$100 million for the ALS Association. According to the association, donations rose over 3,500 percent compared to this time last year.

"The word gratitude doesn't do enough to express what we are feeling right now," ALS President and CEO Barbara Newhouse said in a statement.

Around 5,600 people are diagnosed with ALS each year in the U.S. Amyotrophic Lateral Sclerosis (ALS) also known as Lou Gehrig's disease, is a progressive neurodegenerative disease that affects nerve cells in the brain and the spinal cord. The average life expectancy of an ALS patient is two to five years.

The viral campaign has brought awareness to a disease that affects over 30,000 Americans at any given time.

"I think it's an important cause to support because thousands of people suffer from the disease every day," Salisbury University sophomore Laura Thacker said. "If one of my

loved ones was diagnosed with ALS, I would want everyone around the world donating."

The challenge made its way onto the SU campus this week when various student organizations took part in the campaign.

"I knew very little about the disease," senior Felicia Warfield said. "I came across a video on ALS online and it educated me and inspired me."

Warfield is president of SU's Society of Professional Journalism and came together with some other SU student organizations such as the Student Government Association, WXSU, SUTV, the Student Organization for Activity Planning and The Flyer to promote the cause on campus.

The organizations took on the challenge on Friday afternoon in front of Sammy the Seagull. They challenged one another, local businesses and other universities to continue the support for this disease.

"Salisbury is always helping out the community or supporting different causes," Warfield said. "SU has come together to get this viral in

not only around our campus but other universities as well."

This icy campaign does not seem to be slowing down either. Challenges have now been issued around the world making this one of the most successful charity campaigns in history.

However, there has been some criticism about the challenge and how it may be taking away from other charities.

"I'm not super motivated to take the challenge," said sophomore Jesse McDaniel, who has been nominated three times. "Even though I know it is for a great cause, it's not necessarily a cause that is close to my heart."

The ALS Association also came under fire after releasing a pie chart that broke down how the \$100 million would be spent. Only 28 percent of donations will be going directly to research. The rest will go toward care services to patients, advocacy and education of the disease along with administrative costs.

In any case, the unexpected inflow of donations will help the ALS Association in numerous ways and further their cause to find a cure.

Cookout, fast-food made simple

BY RACHEL TAYLOR
Gull Life Editor

Over the summer Salisbury was introduced to Cook-Out, a new fast-food chain, which has attracted hundreds of students and local residents alike.

Cook-Out began in Greensboro, North Carolina over 24 years ago. Since then it has spread to Tennessee, South Carolina, Virginia and now the Eastern Shore.

The restaurant offers a wide variety of cheap menu options for their customers. Paired with quick service and a late closing time, it is the perfect formula for a restaurant located in a college town.

"They have really good, fast service," senior Javi Gonzalez said.

While the restaurant has only been open for a couple of months, it is gaining popularity on campus. Located on Route 13 across from TETC, Cook-Out caters to predominately college students, which means staying open late and having cheap prices is the standard.

"You get a lot of food for your money," Gonzalez said. Some feel their quality of service sets Cook-Out apart from other fast-food chains around campus.

"They care about the service and that makes a difference," junior Nii Addy said.

Customers say that the food isn't bad either.

"I recommend their milkshakes," Gonzalez said. "They have a wide variety of flavors and you can mix and match them."

Cook-Out uses top quality fresh ingredients in all of their dishes so customers can expect better tasting food.

"Cook-Out is different from other fast food chains," junior Lizzie Dennis said. "The food doesn't leave a greasy taste in my mouth like other places do."

Using an outdoor style of cooking has won the restaurant hundreds of awards and distinguishes the flavor from other restaurants.

From chargrilled hamburgers to hot dogs and over 40 flavors of milkshakes, there is something for everyone on the menu.

"They have really good, fast service." - Senior, Javi Gonzalez



Darby Dicks

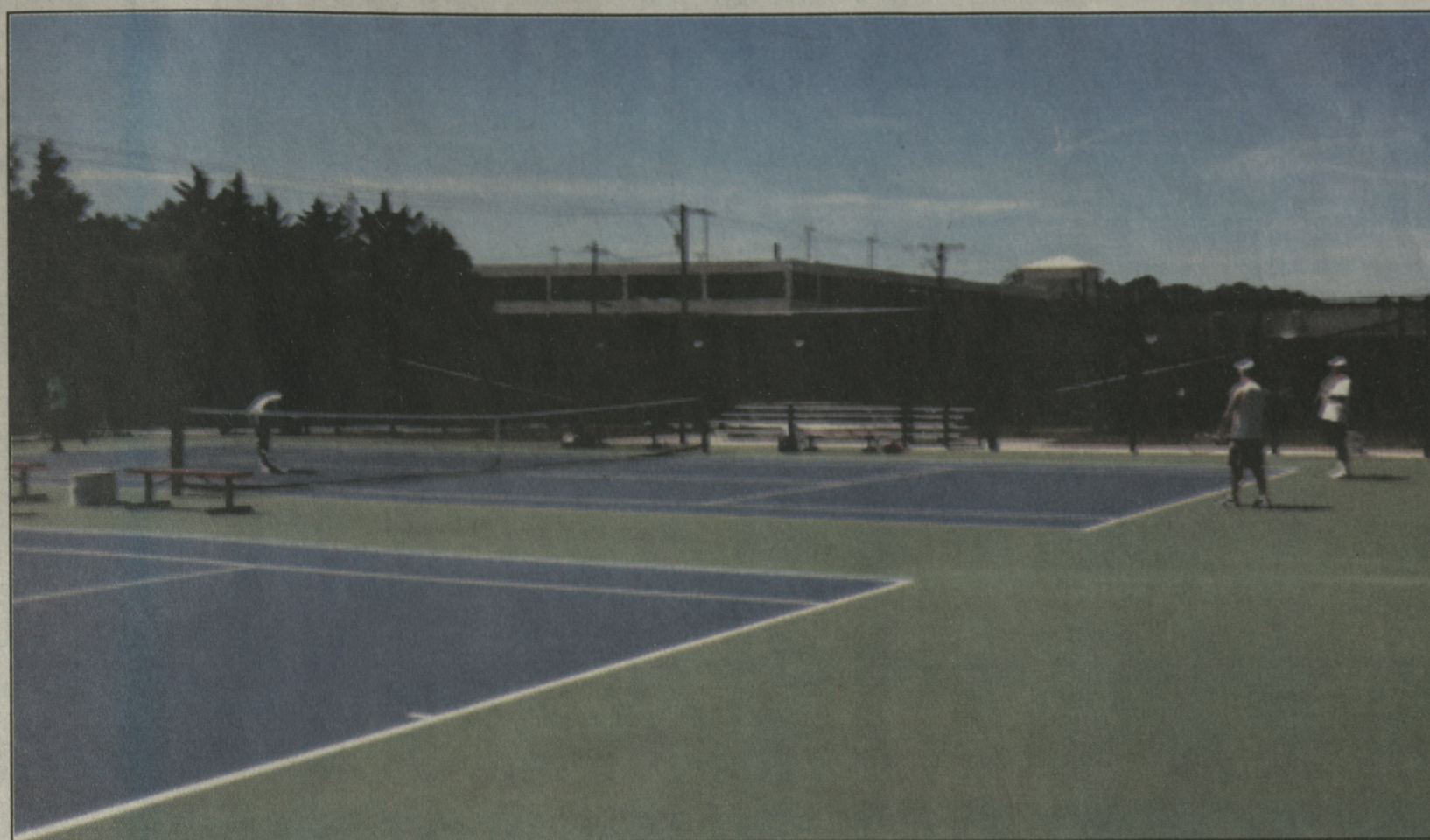
Salisbury was the first Maryland location for the Cook-Out restaurant chain.

SPORTS

Volume 45, Issue 1

September 3, 2014

New tennis courts mark first step in Athletics upgrade



Mitchell Northam photo

Students and alumni test the new tennis courts located on East Campus.

MITCHELL NORTHAM
Sports Editor

While students and athletes from Salisbury University were away from the campus for the summer, news broke that Sea Gull Stadium would be receiving a \$19 million upgrade in the winter that will include 4,800 seats, bathrooms, year-round locker room facilities for the four varsity sports playing there and much more.

But while the large stadium upgrade was being put into action, Salisbury was breaking ground on constructing new tennis courts on east campus. 12 new tennis courts were constructed over the summer on Bateman St., across from the parking garage, and became available for use when classes started last week on August 25.

Before this past summer, the tennis courts were located by Fulton Hall and TETC along

College Ave, but as construction on the new Guerrieri Academic Commons began to take place where Caruthers Hall formerly was, the parking lot between it and the Perdue School of Business was taken over as a construction area, causing a many parking spaces to be unavailable. SU saw this as a perfect time to build new tennis courts on east campus, while dismantling the old ones and replacing them with a new parking lot.

"There is a plan for athletics in general to move some things around and to make east campus have some more organization," Head Tennis Coach Randy Halfpap said. "We saw that the Bateman St. lot was available and that became the perfect spot; it was all about finding where the tennis courts fit into the puzzle."

Future plans for the courts also include stadium-style lighting that Halfpap says should be installed by the end of September. Storage

buildings with restrooms are also in the plans but those are "about a year away" from being constructed, Halfpap said.

One of the already-installed new features that Coach Halfpap is really excited about is the new spectator seating areas. On the old courts, only two were the most visible to fans, but with multiple sets of bleachers and the walkway in-between courts, it makes his job as a coach easier to be able to watch all of his players and enhances the fan experience of always having a good view.

"It's one of the best parts of the project," Halfpap said. "There is no bad view of any court."

Along with varsity tennis teams, students and alumni alike have already begun to use the courts, and they're also impressed with the upgrades.

"The facility is just unbelievable," one Salisbury

alumnus said Friday morning while playing on the courts. "The courts are in great shape and everyone really enjoys it."

Men and women's tennis started practice this week, hitting on and trying out the new courts. Like everyone else, they're impressed and Coach Halfpap hopes the new beginning can instill some pride and motivation to the teams.

"They're all really excited," Halfpap said. "For me, I've played here and coached here for 15 years, so it's one of those things where we can wipe the slate clean and go win the CAC title on our first year on the courts."

"Having that sort of mentality is something that can give us a sense of pride now that we have one of the top facilities in the country."

Men's soccer defeat Patrick Henry with ease



Jenna Brown photo

Salisbury midfielders fight, and win the ball against a Patrick Henry midfielder.



Jenna Brown photo

Salisbury midfielder Dennis Ramirez Jr. chases after a Patrick Henry forward.

ANDY POULTON
Staff Writer

Matt Greene and Ben Aryeetey got the ball rolling early for Salisbury University's men's soccer team (1-0) in their season opener Friday against visiting Patrick Henry (0-1), leading the Sea Gulls to an impressive 10-1 victory.

Just one minute into the action, Greene found senior forward Tanner East for the opening goal, giving a prelude to what was coming for the remainder of the match.

"That's just something that Tanner and I have always had a connection with," Greene said. "I had three assists to him last year, and it's all about finding him and getting the ball across to him so he can put it away with one touch."

Greene followed his assist to East with a goal

for himself in the fifth minute of play, set up by Aryeetey.

"We wanted to come out with fire the first five minutes of the game, as the first five minutes really dictates what's to come for the rest of the game," Greene said. "Everything that we did in the pre-season really showed today, and to be out there with 10 of my best friends was a great feeling."

In total, Aryeetey and Greene both played a part in the first five goals for the Sea Gulls, as Aryeetey scored the next two sprinting past defenders, followed by Greene with the fifth.

"The defense was pretty relaxed, and when you are playing forward as a winger you always want to watch your diagonal runs so you don't get called for off sides," Aryeetey said. "So

once I made that diagonal run it kept me in a safe position, and I was able to catch the defense flat footed."

Salisbury head coach Gerry DiBartolo was pleased with the results from his two starting forwards, crediting it to the fact that they are accustomed to playing together.

"We have a pretty lethal front three, as well as midfield three, so those guys are going to be a handful for a lot of teams," DiBartolo said. "I think that guys who have played together for a year or two have a sort of a sixth and seventh sense about where guys are going to be and I think that is what happened today."

With the game in hand early, DiBartolo pulled the majority of his starters with 30 minutes to go in the first half, giving Greene two goals and

two assists, and Aryeetey two goals and one assist in just 15 minutes of play. The rest of the damage was done by the second and third units for Salisbury, as Nathan Mattola, Josh Burdin, Matt Zimmerman, Jorge Sanchez, and Tyler Andrus all found the back of the net.

Despite the hot start by the starting group, Aryeetey also enjoyed seeing his teammates shine, stressing that it is all about the team as a whole.

"We've been working hard three times a day during the pre-season as a team, so it's not all by my night, it's about the whole team," Aryeetey said. "So I really appreciate everyone's effort and things are going well so far."

Hamby earns pre-season all-American honors

MITCHELL NORTHAM

Sports Editor

Punting is a key part to any football team's success. Given that the goal of the offense is to score points and not turn the ball over, it's not something that a team wants to do often, but on the occasion that the offense breaks down and is forced to punt, a good punter who can pick his spots and hang the ball in there while pinning the opposing returner back becomes invaluable.

"Swinging the field is very important," Salisbury University's Head Football Coach Sherman Wood said. "We do a lot of preparation to put ourselves in great field position and to try and make sure we pin people down so our defense can keep them down there."

For Salisbury, they have a player in that position of utmost importance; senior Kyle Hamby. In addition to being named an All-American at the end of the 2013 season, Hamby was just named to D3football.com's pre-season All-American list for 2014.

Hamby was one of the best punters in the nation last season and finished ranked 11th in Division III football with a 41.1-yard-average-per-punt and 17 of his 44 punts landed inside of the 20-yard line. His ability to pin the ball that deep makes him one of the key players on Salisbury's 2014 squad.

"He's very valuable and he's probably the most reliable and most important person in our program outside of the quarterback," Wood said. "We don't want to punt all the time but when we have that opportunity it's important to have him because he understands field position."

Unlike most kickers or punters, Hamby never played the game of soccer and just picked punting up when he was seven years old, the first year he played football. At that age, he says he "just had the strongest leg" and didn't really know the

mechanics of punting.

But as the years went on, the Laurel, Maryland native has been able to nearly perfect the art of punting. Last season, Hamby's punting average led the Empire 8 conference as he earned his second consecutive Special Teams Player of the Year award.

Hamby's skills to put the ball where he wants once the pigskin meets his foot hasn't gone unnoticed either. In addition to piling up the accolades, a National Football League scout from the Washington Redskins visited Salisbury University recently to check Hamby out.

"It's interesting because they were interested on Kyle based on his test scores, 40-yard dash and agility tests," Wood said. "They got a chance to see him on video; when they saw his placement inside the five-yard line and his technique they became interested."

"He's definitely on their radar."

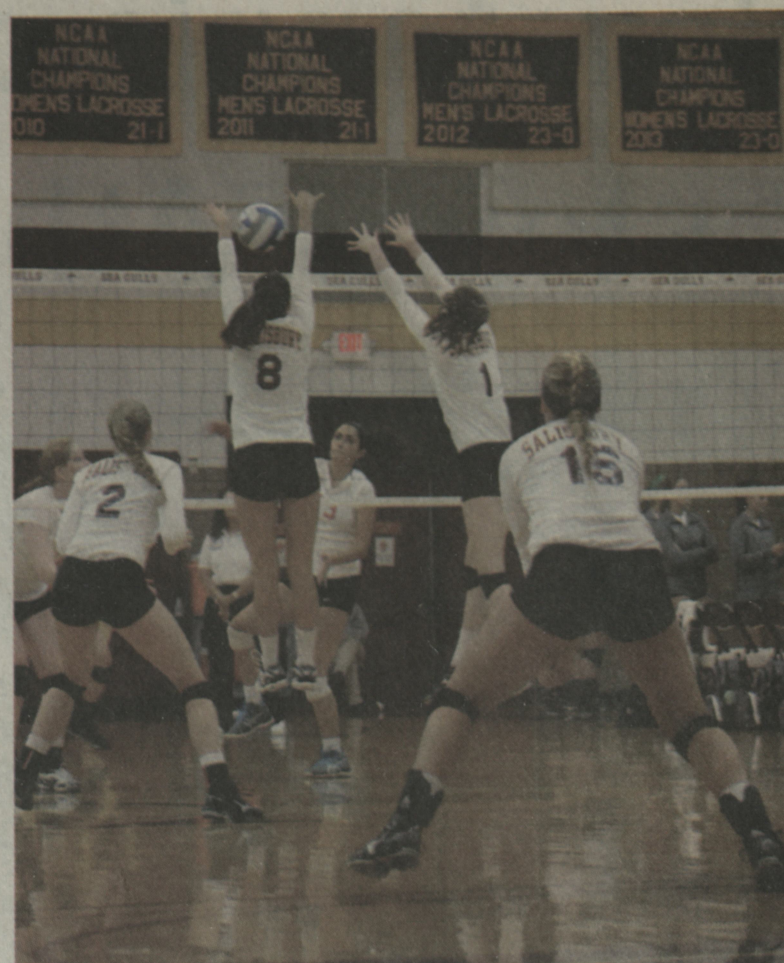
And the NFL is definitely on Hamby's radar.

"I definitely want to try and pursue that career," Hamby said of possibilities in the NFL. "When the season is over I'm definitely going to try and focus on that and see if anything comes of it."

Hamby will continue to be a key part of the Sea Gulls football team as they compete in their final season of the Empire 8 conference before moving on to the New Jersey Athletic Conference in 2015. Salisbury's season ended last year on a sour note when they missed the playoffs for the first time since 2009.

"We were definitely disappointed after not winning the Empire 8 last year; we want to take the crown back," Hamby said. "We definitely feel that we can take the title and compete in the playoffs."

Volleyball Soars Through SU Opener, Sweeps Competition



Jenna Brown photo

Two Salisbury players leap up to block a Swarthmore College spike.

DIAMOND HOLTON

Staff Writer

The Salisbury University volleyball team continued the SU Opener on Saturday, winning against Swarthmore College and Clark (Mass.) University.

The two wins on Saturday rounded out a sweep of their home opener, as they defeated Stevens and Mt. Aloysius each by a score of 3-0 on Friday. Swarthmore and Clark proved to be more of a challenge, but the Sea Gulls still took care of business, winning each match 3-2.

This marks the second season that the volleyball team is under command of Head Coach Justin Turco and the SU Opener this past weekend was the first time that the Sea Gulls have begun a season at home in 11 years.

Last year, in Turco's first year as head coach, the Sea Gulls finished 29-6 and made an appearance in the NCAA tournament. He plans to build on that success from last season.

"We want to be versatile offensively and help new and current players be a better team," Turco said.

Going up against Swarthmore College in the first game on Saturday, Salisbury took the second and third sets before annihilating the opposition in the fifth set. The second set was a back-to-back bout with Sea Gulls prevailing 28-26.

The Sea Gulls appeared to be the most unstoppable under the on-court leadership of senior Michelle Meehan and sophomore Katie Stouffer. Meehan combined for 38 digs in the two matches while Stouffer had a career setting day on Saturday,

taking the second and third spots for most kills in a single match with 31 against Swarthmore and 32 against Clark.

"It was all because of the team," Stouffer said. "We worked hard and the back row defense worked hard; everything was awesome."

Against Clark, the team started off a bit rocky losing two straight sets before coming back to knock out the next three sets. Stouffer led the way, while Alexis Howatt chipped in a big match with 57 assists, 11 digs and seven blocks.

Now at 4-0 on the season, Salisbury enjoys a short break from games before beginning play in the Sea Gull Classic tournament on Friday against Virginia Wesleyan College at 4 p.m., at Maggs Physical Activities Center.

"It was all because of the team. We worked hard and the back row defense worked hard; everything was awesome."

- Sophomore, Katie Stouffer

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